



HEALTH AND SAFETY COSTING

ARBEIDSGENOT

STANDARD ACTIVITY	UNIT	QTY	TENDER PRICE
	Quantity	Duration	Unit price
			Total
1 Pre-Construction			
1.1 Compilation of Health and Safety Plan	1	1	R -
1.2 Compilation of Health and Safety File	1	1	R -
1.3 Construction Work Permit	1	1	R -
	Sub-Total 1		R -
2 Personal protective equipment and Life Saving Equipment :			
2.1 Head protection (Hard hats)		1	R -
2.2 Safety glasses / goggles		1	R -
2.3 Gloves		1	R -
2.4 Safety shoes		1	R -
2.5 Overalls		1	R -
2.6 Ear plugs		1	R -
2.7 Rain suits		1	R -
2.8 Safety Harnesses		1	R -
2.9 Retractable lifelines / lifelines		1	R -
2.10 Asbestos Personal Protective Equipment		1	R -
2.11 COVID-19 Personal Protective Equipment and other requirements		1	R -
2.12 SANS approved safety netting (orange colour with minimum of 1,2 meters high)		1	R -
	Sub-Total 2		R -
3. Training (Health and Safety Education)			
3.1. First Aid Level 1		1	R -
3.2. Fire fighting		1	R -
3.3. Working at Heights (all employees who will conduct work at heights)		1	R -
3.4. Health and Safety Representative		1	R -
3.5. Inhouse Training (E.g. Occupational Health Exposures, Induction Training, Risks & Hazards, etc.)		1	R -
3.6. Other (stipulate)		1	R -
	Sub-Total 3		R -
4. Occupational Medicals			
4.1. Entry medical assessments		2	R -
4.2. Exit medical assessments		2	R -
	Sub-Total 4		R -
5. Occupational Hygiene Surveys			
5.1 Conducting of applicable Occupational Hygiene Surveys and Health Assessments (Noise, Ergonomics, etc.)	1	1	R -
	Sub-Total 5		R -
6. Asbestos Requirements			
6.1 Asbestos Management Plan and Method Statement			
6.2 Monitoring of Asbestos Work by an Approved Inspection Authority			
6.3 Removal and safe disposal of Asbestos containing material			
	Sub-Total 6		R -
7. Signage			
6.1 Health & Safety Related Signage (General Warning signs, PPE signs, etc.)		1	R -
	Sub-Total 7		R -
8. Registered Construction Health & Safety Officer			
8.1 SHE Officer (Full-Time on site and registered with SACPCMP)	1	24	R -
	Sub-Total 8		R -
	TOTAL		R -