



HEALTH AND SAFETY COSTING

MATLA 2 SCHOOL

| STANDARD ACTIVITY | UNIT | QTY | TENDER PRICE |
|------------------------------------------------------------------------------------------------------------|--------------------|----------|--------------|
| | Quantity | Duration | Unit price |
| | | | Total |
| 1 Pre-Construction | | | |
| 1.1 Compilation of Health and Safety Plan | 1 | 1 | R - |
| 1.2 Compilation of Health and Safety File | 1 | 1 | R - |
| 1.3 Construction Work Permit | 1 | 1 | R - |
| | Sub-Total 1 | | R - |
| 2 Personal protective equipment and Life Saving Equipment : | | | |
| 2.1 Head protection (Hard hats) | | 1 | R - |
| 2.2 Safety glasses / goggles | | 1 | R - |
| 2.3 Gloves | | 1 | R - |
| 2.4 Safety shoes | | 1 | R - |
| 2.5 Overalls | | 1 | R - |
| 2.6 Ear plugs | | 1 | R - |
| 2.7 Rain suits | | 1 | R - |
| 2.8 Safety Harnesses | | 1 | R - |
| 2.9 Retractable lifelines / lifelines | | 1 | R - |
| 2.10 Asbestos Personal Protective Equipment | | 1 | R - |
| 2.11 COVID-19 Personal Protective Equipment and other requirements | | 1 | R - |
| 2.12 SANS approved safety netting (orange colour with minimum of 1,2 meters high) | | 1 | R - |
| | Sub-Total 2 | | R - |
| 3. Training (Health and Safety Education) | | | |
| 3.1. First Aid Level 1 | | 1 | R - |
| 3.2. Fire fighting | | 1 | R - |
| 3.3. Working at Heights (all employees who will conduct work at heights) | | 1 | R - |
| 3.4. Health and Safety Representative | | 1 | R - |
| 3.5. Inhouse Training (E.g. Occupational Health Exposures, Induction Training, Risks & Hazards, etc.) | | 1 | R - |
| 3.6. Other (stipulate) | | 1 | R - |
| | Sub-Total 3 | | R - |
| 4. Occupational Medicals | | | |
| 4.1. Entry medical assessments | | 2 | R - |
| 4.2. Exit medical assessments | | 2 | R - |
| | Sub-Total 4 | | R - |
| 5. Occupational Hygiene Surveys | | | |
| 5.1 Conducting of applicable Occupational Hygiene Surveys and Health Assessments (Noise, Ergonomics, etc.) | 1 | 1 | R - |
| | Sub-Total 5 | | R - |
| 6. Asbestos Requirements | | | |
| 6.1 Asbestos Management Plan and Method Statement | | | |
| 6.2 Monitoring of Asbestos Work by an Approved Inspection Authority | | | |
| 6.3 Removal and safe disposal of Asbestos containing material | | | |
| | Sub-Total 6 | | R - |
| 7. Signage | | | |
| 6.1 Health & Safety Related Signage (General Warning signs, PPE signs, etc.) | | 1 | R - |
| | Sub-Total 7 | | R - |
| 8. Registered Construction Health & Safety Officer | | | |
| 8.1 SHE Officer (Full-Time on site and registered with SACPCMP) | 1 | 24 | R - |
| | Sub-Total 8 | | R - |
| | TOTAL | | R - |